

Helpful Hints for Care and Use of Oleeva[®] Products

Congratulations on your purchase of our Oleeva[®] scar management product. Please note that the information below is intended to be used in addition to the product's instructions for use and your physician's instructions. This document is not intended to be used as a substitute for either of those sources.

Product Overview:

Oleeva[®] products are formulated with a silicone that has been designed to be very adhesive, soft, washable, durable and reusable. Oleeva[®] is also designed to be "sticky" without the use of surface adhesives that can be washed off or cause irritation to sensitive skin. Washing Oleeva[®] daily with a plain soap that doesn't include moisturizers will actually help to prolong its ability to stick to your skin by removing dirt and oils that accumulate. Eventually, Oleeva[®] will lose its ability to remain sticky after repeated uses, but approximately 3-4 weeks of use per piece is considered typical. Proper care of the product is critical in order to maintain stickiness for ease of use.

For surgical scars, approximately 3-6 months of daily use will normally be sufficient to achieve the maximum effect, but depending on factors including: your genetics, age, race and type of scar, more time may be required. Keloid scars and scars resulting from serious burns, will take longer to achieve the maximum effect.

The ability of Oleeva[®] to stick to your skin may also vary depending on your genetics, age, race, care of the product and the area of the body where it has been applied; such as areas containing joints that can flex. If you have a skin type that causes you to experience difficulty in keeping Oleeva[®] in place, external fixation in the form of a gentle surgical tape or elastic device/garment should help improve the situation. Remember, it is the Oleeva[®] silicone sheeting itself, not the stickiness that facilitates effective scar healing. So maintaining contact with the skin is very important. The sticky feature is an added convenience.

Care and Use:

After washing Oleeva[®] it can be temporarily stored on a smooth surface, such as a clean mirror or counter top. The release liner may also be reused for storing the product.

Seasonal considerations:

Excessive warm temperature climates, humidity or excessive perspiration may require additional fixation to maintain adherence of Oleeva[®] to the skin surface.

If you have further questions about Oleeva[®] please contact our customer service department at (800) 257-4566.

What is Oleeva®?

◇ Oleeva® is a reusable, lightweight, flexible, durable, self-adhesive silicone gel sheeting used to prevent or reduce hypertrophic scars and keloids. Oleeva® has been shown to flatten, soften and smooth scars, relieve the itching and discomfort of scars, as well as aid in the reduction of the discoloration associated with scars and provides a gentle soothing effect to the skin.

What is Oleeva® made of?

◇ Oleeva® is made from a patented proprietary formula containing a mixture of biocompatible PTFE (“Teflon”) material and bio-inert/bio-compatible medical grade silicones blended into a composite structure called Silon® that are manufactured as a topical silicone gel sheeting with a self-adherent property.

How does Oleeva® work?

◇ Oleeva® adheres to the outer layer of skin (the stratum corneum) and aides with hydration to the scar tissue. This creates an optimal healing environment which allows the scar to mature through normalized collagen synthesis cycles, and improves the physiological and cosmetic appearance of the scar over time.

On what types of scars is Oleeva® effective?

◇ Ideally, Oleeva® is applied immediately after a site heals, or a new skin bed is established following general surgical procedures, plastic surgery procedures, traumatic injuries, wounds, burns as well as any minor cuts and scrapes that can cause a scar to form. The silicone functions similarly to a second skin covering, by facilitating hydration, or a moisturized environment which prevents a raised, thickened scar from forming.

Will Oleeva® help older scars, or just new scars?

◇ Oleeva® can also reduce older, existing raised or thickened hypertrophic/keloids scars. Through its moisturization effect, it will soften up and flatten out the scar. Although, best results will occur when there is still healing taking place. Signs of healing include redness, itching, irritation, and continuing growth of the scar. If any of these signs are present, regardless of the age of the scar, Oleeva® can improve the appearance of the scar.

When can I start to use Oleeva®?

◇ Oleeva® works best when it is applied as soon as the wound is fully closed and healed. There should be no exudates or drainage weeping from the wound or scabs present. Oleeva® is not indicated to be used over sutures, staples or open wounds.

How is Oleeva® to be used?

- ◇ Ensure that the affected area is clean and dry.
- ◇ Apply Oleeva® to the area and be sure that it covers the entire scar completely. Oleeva® can be trimmed to fit the area as needed, but allow the material to cover at least a 1/2” perimeter of intact skin.
- ◇ For maximum effect, Oleeva® should have 12-23 hour contact with the skin and scar.
- ◇ Remove the Oleeva® at least once a day to clean both the skin and both sides of the material before re-application.

How long do I have to use Oleeva® before I can start to see it work?

◇ A general softening of the scar and decrease in redness will begin within days of initial use. You should start to see a difference in the appearance of the scar typically after 3 to 4 weeks of use. An average of 3-6 months is required for a maximum effect on the scar.

How do you care for Oleeva®?

◇ Oleeva® needs to be cleaned at least once a day with plain soap (without lotions, moisturizer or glycerin) and warm water (warm enough to remove normal body oils) and should be allowed to dry prior to re-application. During warm weather or during periods of increased physical activity, Oleeva® should be cleaned more frequently to maintain maximum contact between the material and the skin.

How do I care for Oleeva[®] when I am not wearing it?

- ◇ Once you have removed and thoroughly cleaned Oleeva[®], it is best to place the sheet on a clean flat surface and allow it to dry. The surface should be free of excessive debris and allow the sheet to dry prior to re-application.

How long will Oleeva[®] last?

- ◇ Oleeva Clear[®] and Oleeva Foam[®] will typically last 3-5 weeks of daily use. Oleeva Fabric[®] typically lasts 4-6 weeks.

Is Oleeva[®] effective on all skin types?

- ◇ Oleeva[®] is effective on all types of skin, no matter what color or shade.

What is the difference between Oleeva Clear[®], Fabric[®] and Foam[®]?

- ◇ All three types of Oleeva[®] are built upon the same patented proprietary formula manufactured as reusable self-adhesive, topical silicone gel sheeting.
Oleeva Clear[®] is transparent and ideal for wearing on the face and hands – makeup can be applied over it to “camouflage” the scar as well.
Oleeva Fabric[®] has an outer surface made of a smooth and silky fabric for optimal convenience under clothing or pressure garments.
Oleeva Foam[®] combines the use of soft, pliable foam which adds pressure under garments or other splints and provides more cushioning for ultra sensitive areas.

What are Oleeva[®] Scar Shapes?

- ◇ Oleeva Scar Shapes[®] are reusable die cut, flexible, durable, self-adhesive fabric silicone gel sheeting used for the management of scars after specific plastic surgery procedures. These shapes are cut to fit the contours of the body, ensure proper placement and complete coverage for maximum scar management.

Is there anything I should be aware of before using Oleeva[®]?

- ◇ Patients with known sensitivities to silicone should not wear Oleeva[®]. With any topical material applied directly to the skin's surface, some type of reaction is possible. This may be due to a sweat rash. Good daily hygiene and cleaning of the product will help to aid in the prevention of a rash from occurring. If you have sensitive skin, decrease initial usage, then increase usage time until a comfortable maximum has been reached. Oleeva[®] should never be used over sutures, staples or open wounds and there should be no exudates or drainage weeping from the wound or scabs present.

Can I use any additional products (moisturizers, oils, ointments, etc) under Oleeva[®]?

- ◇ Moisturizers and ointments are not indicated for use with Oleeva[®] as it may inhibit the adhesive properties of the Oleeva[®] and contribute to the formation of a rash. Ensure that prior to using Oleeva[®] the skin is clean and dry from moisturizers or ointments.

Can Oleeva[®] be used on children?

- ◇ Yes, when used as directed it is safe to use Oleeva[®] on children.

Can I use a hair dryer to dry Oleeva[®]?

- ◇ Yes, a hair dryer can be used, if needed, to expedite drying on the outer side of the product once the sticky side is applied to the body.

Can I workout, swim or go to the beach with Oleeva[®]?

- ◇ We recommend not to use Oleeva[®] during these activities as sweat, excessive water or debris (sand, chlorine) will impact the properties of the material and reduce its life expectancy and ability to adhere to the skin.

What is the best way to improve the adhesiveness of Oleeva[®]?

- ◇ Proper care of the product is critical in order to maintain stickiness. Wash both sides of Oleeva[®] at least once a day with warm water and plain soap. It can be helpful to immerse the Oleeva[®] in a warm water bath for a few hours to help loosen any debris buildup and then thoroughly clean the material. It is important to use fingers to rub soap into the sticky side and rinse well to ensure removal of all debris.

What if Oleeva[®] is not sticking to my skin?

- ◇ The ability of Oleeva[®] to stick to your skin may vary depending on your genetics, age, race, skin type and the area of the body where it has been applied; such as areas containing joints that can flex. If you have a skin type that causes you to experience difficulty keeping Oleeva[®] in place, external fixation in the form of a gentle surgical tape or elastic device/garment can be used.

Does Oleeva[®] have a shelf life?

- ◇ All Oleeva[®] products have a shelf life of 5 years.

Is there any consensus among professionals in scar treatment and using silicone gel sheeting?

- ◇ There is a consensus for the clinical use of silicone gel sheeting in scar management by an international group of professional scar research experts. Mustoe, T.A. et al. (2002) International Clinical Recommendations on Scar Management. Plastic & Reconstructive Surgery Vol. 110, No 2, 560-571.

Is there clinical evidence that Oleeva[®] works?

- ◇ There are several clinical studies confirming that Oleeva[®] works, please see [Publications list](#).



Visit WWW.SILON.COM or call 1-800-25-SILON (1-800-257-4566).

Outside North America, call +1-610-530-3193 or fax +1-610-530-3194.